

Lachlan Tighe.....Talking tactically

Website Bowls Coaching Column

(introduction to 2008 columns)

REINTRODUCTION:LACHLAN TIGHE

In October 2006, after writing 200 weekly bowls coaching columns commencing in 2000, and coaching gold medals at both the 2002 and 2006 Commonwealth Games, Lachlan decided to put away the pen.

In the period October 2006 to January 2008 his coaching record continued: 2007 Australian Open womens singles, 2007 World Womens Indoor singles and last week the 2008 World Championship mens singles.

Now refreshed with a full cartridge of ink, Lachlan has opted to put pen to paper again, though only monthly, for the viewing and discussion with us bowlers. Two things prompted him he says – the noticeable absence of relevant coaching accepted at club level, and, his own preparation of a bowls coaching book aimed to appear late in 2008 titled ‘Shots Up – a new look at winning in lawn bowls’.

Lachlan indicated he would ‘produce’ in the first week of each month beginning with the topic ‘Effective teams = Winning teams’ in readiness for the pennant finals wherever in bowlsland, and, for those in the Australian Open team formats held mid February.

His March column will be focusing on ‘Games Performance Analysis’ again having the completed Australian Open in mind for the participants to reflect on.

Welcome back Lachlan. Now read his column